



RT

Ramapo Training



NSCC

National School
Climate Center



YDI

Youth Development
Institute

Checklist for Supporting Children with Challenging Behaviors

- ☐ **Identify the behavior:** *biting, hitting, difficulty with transitions, not following directions, difficulty sharing, difficulty learning, etc.*
- ☐ **Consider if the behavior is typical for this age group:** *use a developmental checklist and check if this behavior is expected for the child's age group.*
- ☐ **Consider whether or not the child's core needs are being met:** *does this child feel safe and secure? Is this child hungry or tired? Does this child have sensory needs that are not being met?*
- ☐ **Consider if this child has to learn a new skill:** *does this child need practice with sharing? Does this child need practice with using words to communicate needs and emotions? Does this child need practice with transitioning, etc.?*
- ☐ **Consider ways to meet this child's needs or teach the child the lacking skill:** *provide sensory tools, provide rest and food, model skills, practice skills, and celebrate growth.*
- ☐ **Partner with Families:** *make sure you are communicating with families and seeking their perspective and feedback on how you can support their child.*

<https://schoolclimate.org>

<https://www.ydinstitute.org>

<https://ramapoforchildren.org>

Learn more by inquiring here, inquires@ramapoforchildren.org