

# **Resources for Providers: 4 Steps to Understanding and Supporting A Young Child With Disabilities**

## Step 1: Understanding Developmental Milestones

As a provider, it is important to be aware of developmental milestones because they are the first indicator of whether a child may or may not have a developmental delay or disability. The CDC provides easy-to-follow checklists found here:

https://www.cdc.gov/ncbddd/actearly/milestones/index.html

## Step 2: Understanding Early Intervention

Once you notice that there may be some developmental delays in a young person in your care, a significant next step is to understand the early intervention process for NYC so that you can offer support to the families. The following website provides all the information you need to understand the early intervention process here in NYC.

https://www.nyc.gov/site/doh/health/health-topics/early-intervention.page

### Step 3: Understanding Disability Classifications for NYC Students.

Providers need to know how NYC classifies students with disabilities and what each disability means. The NYCDOE provides a list of 13 disability classifications that will allow children to receive an individualized education plan (IEP).

https://www.schools.nyc.gov/learning/special-education/the-iep-process/the-iep

### Step 4: Getting Support as a Professional

There are so many different resources for providers to get support for effectively supporting young children with diverse learning needs and capabilities. Understood is a non-profit organization that seeks to help caregivers with "resources and support so people who learn and think differently can thrive — in school, at work, and throughout life." Check out all the resources this organization has to offer.

https://www.understood.org/

https://schoolclimate.org https://www.ydinstitute.org https://ramapoforchildren.org